



Apple Hill

Specialist Residential Care with Nursing

A welcoming home with the nursing expertise and structured support needed by people with complex dementia, mental health and physical healthcare needs.

About Us

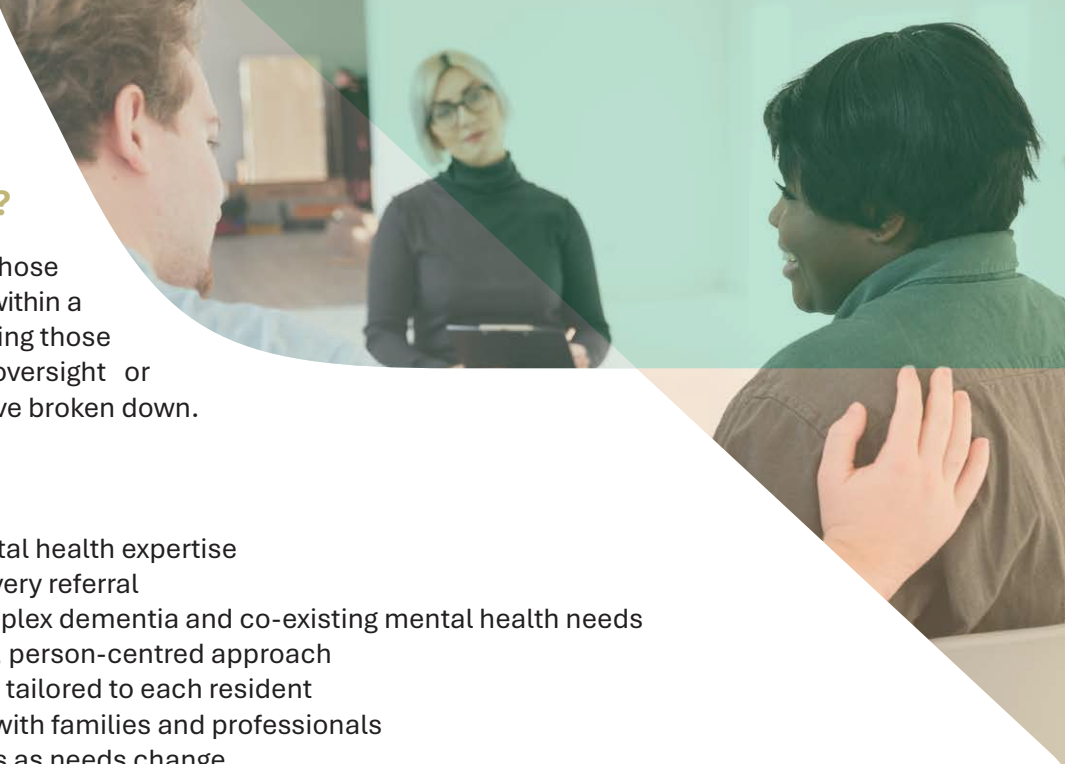
Apple Hill is a specialist residential care home with nursing in Hurley, Berkshire, supporting adults with complex dementia, severe and enduring mental health needs, cognitive impairment and associated physical healthcare needs. We combine experienced nursing care with mental health expertise in a welcoming, structured environment. Our personalised approach promotes stability, dignity and quality of life while supporting residents to maintain their independence, relationships and daily routines wherever possible.

For some residents, Apple Hill provides a long-term home; for others, it forms part of a wider pathway. We welcome referrals funded by the NHS, Local Authorities, Private Medical Insurance (subject to individual policy approval), and individuals or families choosing to fund care privately.



**Enquiries &
Referrals:**

T: 0330 236 8231
E: referrals@ihcm.co.uk



Why Choose Apple Hill?

Apple Hill supports people whose needs may be difficult to meet within a conventional care home, including those requiring enhanced clinical oversight or where previous placements have broken down.

Our service offers:

- Specialist nursing and mental health expertise
- Individual assessment of every referral
- Experience supporting complex dementia and co-existing mental health needs
- A psychologically informed, person-centred approach
- Structured, consistent care tailored to each resident
- Close partnership working with families and professionals
- Flexible support that adapts as needs change

Who We Support

Apple Hill accepts referrals for adults aged 18 years and over who require residential care with nursing. We support people who:

- Have complex dementia or cognitive impairment
- Have severe and enduring mental health needs
- Require nursing care alongside personal care and medication support
- Have complex physical health needs alongside mental health conditions
- May be at risk of placement breakdown
- Require more clinical oversight than can be provided within a conventional care home
- Are stepping down from hospital but continue to require specialist nursing support

Every referral is individually assessed to ensure Apple Hill can safely meet the person's needs.

Our Approach

Every resident has an individual care plan developed with them and, where appropriate, their family, representatives and involved professionals.

Our team works to understand the person behind the diagnosis, recognising that distress and behaviour often communicate an underlying need. By understanding each individual's life story, relationships, preferences and aspirations, we provide consistent, proactive support that promotes wellbeing, stability and quality of life.



Care includes:

- 24-hour nursing care
- Medication management
- Physical healthcare
- Mental health support
- Personal care
- Meaningful activity
- Individualised support to understand and respond to distress and behaviour
- Family involvement
- Regular reviews



Our Team

The core team includes registered nurses and healthcare support workers. Depending on the resident's assessed needs and agreed care package, additional input may be provided by.

- Occupational therapy
- Psychology
- Psychiatry and other medical professionals
- Physiotherapy
- Speech and language therapy
- Dietetics
- Other specialist clinicians and community services

Working together, the team provides coordinated care that responds to residents' changing needs and helps maintain their health, wellbeing and placement stability.



Life at Apple Hill

Apple Hill is a place to live, not simply a place to receive care. Residents are encouraged to:

- Maintain familiar routines
- Participate in meaningful activities
- Personalise their living space
- Access gardens and the local community where appropriate
- Maintain important family relationships
- Celebrate personal, cultural and religious occasions
- Make choices about their everyday lives

The environment is designed to provide comfort, reassurance and consistency while supporting each person's independence wherever possible.

Working with Families

Families play an important role in each resident's care. We work in partnership with families and representatives to ensure care reflects the person's history, preferences and wishes.

Families can expect:

- Involvement in care planning and reviews
- Regular communication
- A named point of contact
- Support throughout admission and ongoing care



Referrals

Apple Hill welcomes enquiries from individuals, families, NHS and Local Authority professionals, case managers and private medical insurers. Our Central Referrals Team will guide referrers and families through the assessment, funding and admission process.

If you are considering Apple Hill and are unsure what type of care may be required, our referrals team will take time to understand the person, their current needs and what is important to them. We can explain whether Apple Hill may be suitable, what information is needed and how the assessment and funding process works. We welcome referrals from individuals from all communities, including LGBTQ+ people, and strive to provide a safe, affirming and inclusive home where every resident is treated with dignity, respect and compassion.

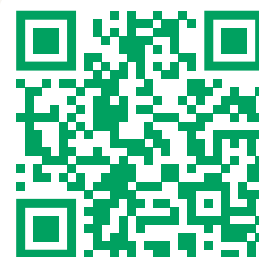


Funding

Care may be funded through:

- NHS Continuing Healthcare
- Local Authority funding
- Private Medical Insurance (subject to policy approval)
- Self-funding by individuals or families

Our team will discuss funding options and explain the assessment and admission process.



Integrated Health Care Management Group (IHCM) is a UK-based health and social care management organisation. IHCM operates and manages a network of hospitals, residential care homes and supported living services, providing governance, clinical oversight and strategic leadership across the Group. Individual services are registered and regulated through their respective provider organisations, with IHCM providing the management infrastructure and support to deliver safe, high-quality and compassionate care.

Apple Hill

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Stay connected



Integrated Health
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